

# Canajoharie Developmental Meet

## Saturday, January 16, 2010

### Nellis Pool, Canajoharie

**Sanction:** Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # **AD10-014**  
Carolyn Manor, General Chairman

**Host:** **Canajoharie Swim Club, Inc.**

**Place:** Canajoharie Nellis Pool  
6 lane, 25 yard Short course with Colorado Timing System  
Depths ... Start End, 1 meter - 9'0", 5 meters - 10'0" ... Turn End. 1 meter - 3'0", 5 meters - 3'6"

**Meet Director:** Susan Cortright [fryslanhill@yahoo.com](mailto:fryslanhill@yahoo.com)  
**Meet Marshall:** Steve Trembley  
**Meet Referee:** Kim Crouse

**Time:**  
Session 1 – Warm-ups 7:15 – 7:35am girls only; 7:35 – 7:55am boys only; 7:55 – 8:10am combination  
Meet will start promptly at 8:30 am  
Session 2 – Warm-ups 11:45 – 12:05pm girls only; 12:05 – 12:25pm boys only; 12:25 – 12:40pm combination  
Session 2 will start promptly at 1:00 pm

#### Entry Rules:

Swimmers may enter 5 individual events plus one relay.  
Please note the cut-off times listed on the enclosed schedule of events.  
**Swimmers entering this meet must be slower than the listed cutoff times**

The eligibility of a swimmer will be determined by his or her age on January 16,2010  
Rules from the current USA Swimming Technical Rules will be in effect.  
Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software.  
Entries may be submitted on CD or Floppy Disk or via e-mail to; beaner35@frontiernet.net  
Team entries must be received by **January 5 ,2010**  
Mail entry reports, fee summary and fees to: **Amanda Mead, 244 Hilltop Rd, Sprakers, NY 12166**

#### USA Swimming Registration:

All swimmers must be currently registered with USA Swimming, Inc. Registrations may be obtained from your club registrar.  
ALL Adirondack Swimmers MUST be Registered with the AD Registrar by the Meet Entry Deadline.  
All Adirondack Meets are reconciled for current USA Swimming Registration.  
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))  
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site [www.adirondackswimming.org](http://www.adirondackswimming.org)  
Direct registration questions to the Adirondack Registrar, Kathleen Furman, 518-384-0223 or [kfurman@adirondackswimming.org](mailto:kfurman@adirondackswimming.org)

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR, **IN ADVANCE**, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.  
As an alternative, you and/or your coach may contact and make arrangements with another coach, who you know will attend.  
Be sure to keep record of these arrangements. **This is a USA Swimming Rule, there are no exceptions.**

#### Swimming Events:

Please see attached sheet.  
All events will be pre-seeded and swum as timed finals.  
Athletes may swim 5 individual events and one relay.

#### Scratches:

The meet will be pre-seeded. Swimmers not reporting to the blocks at the time of their event will be scratched.  
Please familiarize our swimmers with the scratch rule

#### Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

#### Timers:

Clubs will be required to provide timers based upon their number of entries.  
Swimmers have to provide their own timers for the 400 IM's, 500's and 1650's.

**Deck Entries:**

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).  
**If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$102.**  
**DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.**
3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

**Meet Policy:**

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.**

**Services:**

Programs, swimwear vendor, snacks and light lunches will be available.

**Disabled Athletes:**

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

**Entry Fees:**

An entry summary sheet is included to compute your team entry fees. The entry fees are \$3.50 per individual event, which includes the \$.50 AD travel fund surcharge, \$6.00 per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge. All Manual (non-electronic) Entries are subject to a \$1.00 Surcharge per entry.

Make your entry check payable to: **Canajoharie Swim Club** and mail your check and entry summary sheet to:

**Amanda Mead, 244 Hilltop Rd, Sprakers, NY 12166**

**\*\*\*To save mailing costs and avoid damage, Entries may be emailed and will be entered to the meet upon receipt of your check\*\*\***

**Awards:**

Medals will be awarded 1<sup>st</sup> – 3<sup>rd</sup> place and ribbons for 4th -6th place for both events and relays. Heat ribbons will be awarded for swimmers 10 and under. Certificates will be awarded to swimmers achieving a national "BB" time. In an effort to encourage participation by your developmental swimmers, a team participation trophy will be awarded to the club with the largest number of individual swimmers entered.

**Officials:**

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

**If you have any questions please contact Susan Cortright, [fryslanhill@yahoo.com](mailto:fryslanhill@yahoo.com) (518)673-8283**

**CANAJOHARIE DEVELOPMENTAL AGE GROUP MEET**  
**Saturday, January 16, 2010**  
**SESSION 1**

Girls warm-ups 7:15 to 7:35 AM. Boys warm ups 7:35 – 7:55 AM. Combined 7:55 – 8:10 AM  
**Meet Begins Promptly at 8:30 AM**

Girls Events	Cut-off Times	Age Group	Event Description	Cut-off Times	Boys Events
1	1:07.80	13-14	100 Freestyle	1:02.90	2
3	1:05.80	Open	100 Freestyle	58.90	4
5	1:10.60	11-12	100 Freestyle	1:08.20	6
7	1:15.60	13-14	100 Backstroke	1:10.30	8
9	1:14.00	Open	100 Backstroke	1:05.60	10
11	37.20	11-12	50 Backstroke	37.10	12
13	1:14.10	13-14	100 Butterfly	1:09.40	14
15	1:13.00	Open	100 Butterfly	1:04.30	16
17	35.40	11-12	50 Butterfly	35.50	18
19	1:24.50	13-14	100 Breaststroke	1:18.40	20
21	1:23.30	Open	100 Breaststroke	1:13.50	22
23	41.10	11-12	50 Breaststroke	41.10	24
25	31.10	13-14	50 Freestyle	28.20	26
27	30.80	Open	50 Freestyle	27.10	28
29	32.30	11-12	50 Freestyle	31.10	30
31	2:25.40	13-14	200 Freestyle	2:17.20	32
33	2:21.80	Open	200 Freestyle	2:08.20	34
35	2:31.80	11-12	200 Freestyle	2:28.30	36
37	N/A	Open	200 Mixed Free Relay	N/A	37

**SESSION 2**

Girls Warm-Ups 11:45-12:05 AM. Boys Warm-Ups 12:05-12:25 PM. Combined Warm-Ups 12:25-12:40 PM  
**Session 2 Begins Promptly at 1:00 PM**

Girls Events	Cut-off Times	Age Group	Event Description	Cut-off Times	Boys Events
41	36.20	10 & under	50 Freestyle	35.60	42
43	19.01	8 & under	25 Freestyle	19.01	44
45	N/A	7 & under	25 Freestyle	N/A	46
47	43.50	10 & under	50 Backstroke	44.00	48
49	23.01	8 & under	25 Backstroke	23.01	50
51	N/A	7 & under	25 Backstroke	N/A	52
53	1:22.20	10 & under	100 Freestyle	1:20.00	54
55	43.01	8 & under	50 Freestyle	43.01	56
57	47.80	10 & under	50 Breaststroke	48.20	58
59	26.01	8 & under	25 Breaststroke	26.01	60
61	43.00	10 & under	50 Butterfly	42.00	62
63	23.01	8 & under	25 Butterfly	23.01	64
65	N/A	10 & under	200 Mixed Free Relay	N/A	65
66	N/A	8 & under	100 Mixed Free Relay	N/A	66

Swimmers of any age can enter the Open/Senior events/relay  
Swimmers May Enter 5 Individual Events plus 1 Relay

**Canajoharie Developmental,**  
**January 16, 2010**

TEAM NAME \_\_\_\_\_  
CONTACT PERSON \_\_\_\_\_  
PHONE NUMBER \_\_\_\_\_  
E-Mail ADDRESS \_\_\_\_\_

Number of Girls Individual Entries	_____	X \$3.50 = \$	_____
Number of Girl Swimmers	_____	X \$1.00 = \$	_____
Number of Girls Relays	_____	X \$6.00 = \$	_____
Number of Boys Individual Entries	_____	X \$3.50 = \$	_____
Number of Boy Swimmers	_____	X \$1.00 = \$	_____
Number of Boys Relays	_____	X \$6.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Entry Fee Due .....\$\_\_\_\_\_

Total Amount Due and Enclosed .....\$\_\_\_\_\_

*MAKE CHECKS PAYABLE TO "Canajoharie Swim Club"*

This form Must be returned with Entry Report, Check and Hy-Tek Disk

**Entries will be posted to the meet program  
upon RECEIPT OF CHECK ONLY  
Canajoharie Swim Club assumes no responsibility  
for meet close-out due to late entries**

**ENTRY DEADLINE"Tuesday Jan 5, 2010"**

Mail Entries, Entry Report, This Form and Check to:  
"Amanda Mead 244 Hilltop Rd, Sprakers, NY 12166"

\*Entries May be sent E-mail to: "beaner35@frontiernet.net"

\*Your Team Check Must be received to have entries added to the meet.