

Clinton Cuda Colgate Classic Invitational Meet
July 2, 3, and 4, 2010
Colgate University

SANCTION: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming, Inc. Sanction AD10-026
 Carolyn Manor, General Chairman

HOST: Clinton Cuda Swim Club

PLACE: Lineberry Natatorium - Colgate University, Hamilton, NY
 6 Lane, 50 Meter indoor pool with retractable roof, Warm-up pool.
 Colorado Timing System
 Water depths Start end: 1m - 6' 6" 5m - 6' 6"
 Turn end: 1m - 4' 0" 5m - 4' 4"

TIME SCHEDULE:

| | | |
|-------------------------------|-------------------|------------------------|
| Friday-Session 1 | Warm-up | 12:00 PM |
| (13-14, Senior) | Positive Check In | 12:20 PM at the latest |
| | Start | 1:00 PM |
| Friday-Session 2 | Warm-up | 4:30 PM |
| (10 & U, 11-12) | Positive Check In | 4:30 PM at the latest |
| | Start | 5:00 PM |
| Saturday-Sunday AM | Warm-up | 7:30 AM |
| (13-14/Senior) | Positive Check In | 7:50 AM at the latest |
| | Start | 8:30 AM |
| Saturday-Sunday PM | Warm-up | 1:30 PM |
| (11-12, 9-10, 8 & Under) | Positive Check In | 1:45 PM at the latest |
| | Start | 2:15 PM |
| Saturday-Sunday Finals | Warm-up | 5:30 PM |
| (11-12, 13-14, Senior) | Start | 6:30 PM |

Please note:

Saturday and Sunday Afternoon sessions and finals may be subject to earlier time changes if entries allow. In the event of poor weather, changes may be made to the times and or events. In the event of severe weather, the meet referee may cancel events.

MEET DIRECTORS: Scott Risucci (sdrisucci@yahoo.com), Phone (315) 735-6954

MEET MARSHALL: Bill Boyce

MEET REFEREE: JoAnn Faucett

ENTRY RULES:

The eligibility of a swimmer to participate in a particular age group will be determined by his/her age on the first day of the meet.

Rules from current U.S. Swimming Technical Rules will be in effect.

Entries must be submitted via email or on floppy diskette or CD using the HY-Tek Meet Manager or Team Manager Software.

Team entries must be received by **June 18, 2010**.

Entries will be accepted on a first come basis. Based on the number of entries and timeline, the meet may be closed out or changes in times may occur. Changes will be made by the Meet Director and Meet Referee. All clubs will be notified of any changes.

Teams must e-mail their entries to: ajparadis@yahoo.com

Send all forms and payment to: Andre Paradis 30 Hartford Terr New Hartford, New York 13413

USA SWIMMING REGISTRATIONS:

All swimmers must be currently registered with USA Swimming, Inc.

Registrations may be obtained from your club registrar.

ALL Adirondack Swimmers MUST be registered with the AD Registrar by the Meet Entry deadline.

All Adirondack meets are reconciled for current USA Swimming Registration.

Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))

Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web site www.adirondackswimming.org.

Direct all registration questions to the Adirondack Registrar, Kathleen Furman (518-384-0223) or kfurman@adirondackswimming.org

NOTE: ALL ATHLETES ATTENDING ANY SANCTIONED MEET, MUST BE UNDER THE DIRECT SUPERVISION OF A CURRENTLY REGISTERED AND CERTIFIED, USA SWIMMING COACH. IF YOU ARE AN UNATTACHED ATHLETE, OR YOUR COACH WILL NOT BE ATTENDING THE MEET, YOU AND/OR YOUR COACH, MUST CONTACT THE MEET DIRECTOR, **IN ADVANCE**, TO MAKE ARRANGEMENTS FOR AN ATTENDING COACH TO ASSUME RESPONSIBILITY FOR YOU.

As an alternative, you and/or your coach may contact and make arrangements with another coach, who you know will attend.

Be sure to keep record of these arrangements. **This is a USA Swimming Rule, there are no exceptions.**

SWIMMING EVENTS:

A swimmer may enter **THREE EVENTS PER DAY** plus relays.

Only official entry sheets or duplicates can be accepted.

Please note that there are no cut-off times except for the 400 IM.

The 1500 freestyle will be limited to 1 heat per age group and sex, maximum of 4 heats. A list of alternates will be kept if scratches occur. Anyone not swimming will be reimbursed.

We will swim alternately regardless of age, fastest heat of girls, fastest heat of boys and combined age and sex after first 2 heats. These events will be scored separately. A swimmer may enter **THREE EVENTS PER DAY** plus relays.

ENTRY PREFERENCE WILL BE GIVEN TO ADIRONDACK SWIMMERS WHO ARE ZONE TEAM APPLICANTS.

All entries will be meter seed times.

NOTE: Entries per session will be limited by the 4 hours per session rule. The Clinton Swim Club reserves the right to limit the number of entries based on the postmark of the entry and/or the entry times.

CHECK IN:

This is a positive check in meet. You must check in for **ALL** events at the timing table. If a swimmer fails to show up to a positive check in race, they will be scratched from there next event.

RELAYS:

All Relays will be swam as timed finals and will be swam during prelims.

FINALS and BONUS HEAT:

Those events that have trials, will have finals and a bonus heat conducted during the finals session. The top twelve swimmers of each age group will qualify, the top 6 swimming finals, the next 6 swimming the bonus heat.

SCRATCHES:

Swimmers that qualify for finals will have 30 minutes from the event announcement after trials to inform the announcer of their intent to scratch. Failure to notify the announcer so that an alternate can be called for finals will result in the swimmer being disqualified for the remainder of the meet. Any swimmers who checks in for a timed final event and fails to show at the blocks to swim will be disqualified from the remainder of the meet. There will be an exception for 8 & under and 9-10 year olds that do not report to the blocks after checking in.

WARM-UPS:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to cooperate fully with club officials and marshals in charge of the area.

Please see table above for warm-up times.

DECK ENTRIES:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets

2. Athlete must be USA-S Registered and show USA-S ID Card (those already in meet have been confirmed as registered).

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, in meets allowing Deck Entries, to UN-AD (unattached, Adirondack) ONLY at a fee of \$102.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.

4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.

5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

TIMERS:

Clubs will be required to provide back-up timers based on the number of entries for trials and finals.

Swimmers in the 1500 Freestyle must provide their own timer and lap counter.

MEET POLICY:

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions. Each team is responsible for supervising its members. **No one will be allowed on the deck except USA-S Registered Officials, USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift. All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.**

If, at and AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

SERVICES:

There will be a concession stand available to purchase food and drink all three days.

The Deep End vendor will be available for all your swim apparel and equipment needs.

DISABLED ATHLETES:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the meet director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

ENTRY FEES:

An entry summary sheet is also included to compute your team entry fee if needed. The entry fees are \$4.00 per individual event for 9-10 and 8 & Under events and \$4.50 for all other age groups (which includes a \$0.50 travel fund surcharge). Relays are \$6.00 (including the \$1.00 travel fund surcharge). In addition, a surcharge of \$1.00 per swimmer will be charged with entry fee. An additional surcharge of \$1.00 per entry will be charged for all manual entries. No entries will be accepted unless accompanied by the required entry fee and master list.

Checks are to be made to: **CLINTON SWIM CLUB** and to be mailed to:
Andre Paradis 30 Hartford Terr., New Hartford, New York 13413
Phone 315-735-7115 or email ajparadis@yahoo.com

ENTRY DEADLINE: FRIDAY, JUNE 18, 2010**AWARDS:**

Trophies will be awarded to the high point team and runner-up and a small team category champion and runner-up. Small team will be those with 10 members or less. Custom ribbons for individual events 1 - 6 places and relays 1 - 3 places.

SCORING:

Finals and consolations will be scored according to USA Swimming rules:

Individual – 16 -13 -12 -11 -10 -9 -7- 5 - 4 – 3 - 2-1

Relays - 32 -26 -24 -22 -20 -18 -14 -10 – 8 – 6 – 4 –2

OFFICIALS:

There will be an officials meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

HOTEL ACCOMODATIONS (SUGGESTIONS):

MOTEL LISTS ARE INCLUDED - COLGATE UNIVERSITY DORMITORIES ARE AVAILABLE FOR ALL SWIMMERS, COACHES, AND PARENTS ON A FIRST COME FIRST SERVE BASIS AND MAY BE LIMITED. PLEASE CHECK WEBSITE FOR UPDATED INFORMATION AS IT BECOMES AVAILABLE.

Colgate Dorms:

<http://www.colgate.edu/summerprograms>

**Clinton Cuda Colgate Classic Invitational Meet
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**Friday, July 2, 2010
Warm-ups begin at 12:00 PM; Session starts at 1:00 PM
Positive Check In by 12:20 PM**

| Girls Events | Qualifying Times | Age Group | Event Description | Qualifying Times | Boys Events |
|---------------------|-------------------------|------------------|--------------------------|-------------------------|--------------------|
| 1 | | 13-14 | 200 Free Relay | | 2 |
| 3 | | Senior | 200 Free Relay | | 4 |
| 5 | 6:03.19 | 13-14 | 400 IM | 5:46.79 | 6 |
| 7 | 5:56.99 | Senior | 400 IM | 5:25.49 | 8 |
| 9 | | 13-14 | 400 Freestyle | | 10 |
| 11 | | Senior | 400 Freestyle | | 12 |

**Friday, July 2, 2010
Warm-ups begin at 4:30 PM; Session starts at 5:00 PM
Positive Check In by 4:30 PM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 13 | 10 & Under | 200 IM | 14 |
| 15 | 11-12 | 200 IM | 16 |
| 17 | 10 & Under | 200 Freestyle | 18 |
| 19 | 11-12 | 400 Freestyle | 20 |

**Clinton Cuda Colgate Classic Invitational Meet
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**Saturday, July 3, 2010
Warm-ups begin at 7:30 AM; Session starts at 8:30 AM
Positive Check In by 7:50 AM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 21 | 13-14 | 100 Freestyle | 22 |
| 23 | Senior | 100 Freestyle | 24 |
| 25 | 13-14 | 100 Butterfly | 26 |
| 27 | Senior | 100 Butterfly | 28 |
| 29 | 13-14 | 100 Breaststroke | 30 |
| 31 | Senior | 100 Breaststroke | 32 |
| 33 | 13-14 | 200 Backstroke | 34 |
| 35 | Senior | 200 Backstroke | 36 |
| 37 | 13-14 | 200 Freestyle | 38 |
| 39 | Senior | 200 Freestyle | 40 |
| 41 | 13-14 | 400 Medley Relay | 42 |
| 43 | Senior | 400 Medley Relay | 44 |

TIMED FINALS AFTER EVENT 44

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 45 | 13-14 | 1500 Freestyle | 46 |
| 47 | Senior | 1500 Freestyle | 48 |

**Saturday, July 3, 2010
Warm-ups begin at 1:30 PM; Session starts at 2:15 PM
Positive Check In by 1:45 PM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 49 | 8 & Under | 50 Butterfly | 50 |
| 51 | 10 & Under | 50 Butterfly | 52 |
| 53 | 11-12 | 50 Butterfly | 54 |
| 55 | 8 & Under | 50 Breaststroke | 56 |
| 57 | 10 & Under | 50 Breaststroke | 58 |
| 59 | 11-12 | 50 Breaststroke | 60 |
| 61 | 10 Under | 100 Backstroke | 62 |
| 63 | 11-12 | 100 Backstroke | 64 |
| 65 | 8 & Under | 100 Freestyle | 66 |
| 67 | 10 & Under | 100 Freestyle | 68 |
| 69 | 11-12 | 100 Freestyle | 70 |
| 71 | 10 & Under | 200 Medley Relay | 72 |
| 73 | 11-12 | 200 Medley Relay | 74 |

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**Saturday, July 3, 2010 - FINALS
Warm-ups begin at 5:30 PM; Session starts at 6:30 PM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 21 | 13-14 | 100 Freestyle | 22 |
| 23 | Senior | 100 Freestyle | 24 |
| 53 | 11-12 | 50 Butterfly | 54 |
| 25 | 13-14 | 100 Butterfly | 26 |
| 27 | Senior | 100 Butterfly | 28 |
| 59 | 11-12 | 50 Breaststroke | 60 |
| 29 | 13-14 | 100 Breaststroke | 30 |
| 31 | Senior | 100 Breaststroke | 32 |
| 63 | 11-12 | 100 Backstroke | 64 |
| 33 | 13-14 | 200 Backstroke | 34 |
| 35 | Senior | 200 Backstroke | 36 |
| 69 | 11-12 | 100 Freestyle | 70 |
| 37 | 13-14 | 200 Freestyle | 38 |
| 39 | Senior | 200 Freestyle | 40 |

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**Sunday, July 4, 2010
Warm-ups begin at 7:30 AM; Session starts at 8:30 AM
Positive Check In by 7:50 AM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 75 | 13-14 | 200 IM | 76 |
| 77 | Senior | 200 IM | 78 |
| 79 | 13-14 | 50 Freestyle | 80 |
| 81 | Senior | 50 Freestyle | 82 |
| 83 | 13-14 | 200 Breaststroke | 84 |
| 85 | Senior | 200 Breaststroke | 86 |
| 87 | 13-14 | 100 Backstroke | 88 |
| 89 | Senior | 100 Backstroke | 90 |
| 91 | 13-14 | 200 Butterfly | 92 |
| 93 | Senior | 200 Butterfly | 94 |
| 95 | 13-14 | 400 Free Relay | 96 |
| 97 | Senior | 400 Free Relay | 98 |

**Sunday, July 4, 2010
Warm-ups begin at 1:30 PM; Session starts at 2:15 PM
Positive Check In by 1:45 PM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 99 | 11-12 | 200 Freestyle | 100 |
| 101 | 8 & Under | 50 Freestyle | 102 |
| 103 | 10 & Under | 50 Freestyle | 104 |
| 105 | 11-12 | 50 Freestyle | 106 |
| 107 | 10 & Under | 100 Breaststroke | 108 |
| 109 | 11-12 | 100 Breaststroke | 110 |
| 111 | 8 & Under | 50 Backstroke | 112 |
| 113 | 10 & Under | 50 Backstroke | 114 |
| 115 | 11-12 | 50 Backstroke | 116 |
| 117 | 10 & Under | 100 Butterfly | 118 |
| 119 | 11-12 | 100 Butterfly | 120 |
| 121 | 10 & Under | 200 Free Relay | 122 |
| 123 | 11-12 | 200 Free Relay | 124 |

**Clinton Cuda Colgate Classic Invitational Meet
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**Sunday, July 4, 2010 - FINALS
Warm-ups begin at 5:30 PM; Session starts at 6:30 PM**

| Girls Events | Age Group | Event Description | Boys Events |
|---------------------|------------------|--------------------------|--------------------|
| 99 | 11-12 | 200 Freestyle | 100 |
| 75 | 13-14 | 200 IM | 76 |
| 77 | Senior | 200 IM | 78 |
| 105 | 11-12 | 50 Freestyle | 106 |
| 79 | 13-14 | 50 Freestyle | 80 |
| 81 | Senior | 50 Freestyle | 82 |
| 109 | 11-12 | 100 Breaststroke | 110 |
| 83 | 13-14 | 200 Breaststroke | 84 |
| 85 | Senior | 200 Breaststroke | 86 |
| 115 | 11-12 | 50 Backstroke | 116 |
| 87 | 13-14 | 100 Backstroke | 88 |
| 89 | Senior | 100 Backstroke | 90 |
| 119 | 11-12 | 100 Butterfly | 120 |
| 91 | 13-14 | 200 Butterfly | 92 |
| 93 | Senior | 200 Butterfly | 94 |

Clinton Cuda Swim Club

ENTRY FEE CALCULATION SHEET:

Colgate Classic Invitational, Colgate University
July 2, 3, and 4, 2010

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

| | | | |
|---|-------|----------------|-------|
| Number of Girls Individual Entries 11 & Over | _____ | X \$ 4.50 = \$ | _____ |
| Number of Girls Individual Entries 10 & Under | _____ | X \$ 4.00 = \$ | _____ |
| Number of Girl Swimmers | _____ | X \$ 1.00 = \$ | _____ |
| Number of Girls Relays | _____ | X \$ 6.00 = \$ | _____ |
| Number of Boys Individual Entries 11 & Over | _____ | X \$ 4.50 = \$ | _____ |
| Number of Boys Individual Entries 10 & U | _____ | X \$ 4.00 = \$ | _____ |
| Number of Boy Swimmers | _____ | X \$ 1.00 = \$ | _____ |
| Number of Boys Relays | _____ | X \$ 6.00 = \$ | _____ |
| Number of Manual Entries | _____ | X \$ 1.00 = \$ | _____ |

Total Entry Fee Due \$ _____

Total Amount Due and Enclosed \$ _____

MAKE CHECKS PAYABLE TO "CLINTON SWIM CLUB"

This form Must be returned with Check and Hard Copy of Entry Report

Entries will be posted to the meet program upon RECEIPT OF CHECK ONLY

Clinton Swim Club assumes no responsibility for meet close-out due to late entries **ENTRY DEADLINE..June 18, 2010**

Mail to:Andre Paradis 30 Hartford Terr., New Hartford, New York 13413

- Entries must be sent email to ajparadis@yahoo.com*

Questions: Andre Paradis 315-735-7115

**This form, entry report and Your Team Check Must be received to have entries added to the meet.*

Hotel Information

Bouckville 13310

Hinman's Motel

Route 20
Bouckville, NY 13310
315-893-1801

Canastota 13032

Days Inn Canastota

North Peterboro St.
Canastota, NY 13032
315-697-3309

Fax: 315-697-5541
www.daysinn.com

Graziano's Rodeway Inn

409 North Peterboro St.
Canastota, NY 13032
315-697-8384
Fax: 315-697-8389
www.choicehotels.com

Sharway Motel

3669 Seneca Turnpike
Route 5
Canastota, NY 13032

Cazenovia 13035

Cazenovia Motel

2392 US Route 20
Cazenovia, NY 13035
315-655-9101
Fax: 315-655-3288
www.cazenovia.us/cazmotel

Lincklaen House

79 Albany St.
Cazenovia, NY 13035
315-655-3461

Fax: 315-655-5443
www.lincklaenhouse.com

Hamilton 13346

Colgate Inn

1 Payne St.
Hamilton, NY 13346
315-824-2300
Fax: 315-824-4500
www.colgateinn.com
wbeIII@colgateinn.com

Wendt University Inn

175 Utica St.
NYS Route 12B

Hamilton, NY 13346
315-824-4400
800-218-5449
Fax: 315-824-4425
www.wendtinn.com

White Eagle Conference Center

West Lake Road
Hamilton, NY 13346
315-824-2002
Fax: 315-824-6785
www.whiteagle.com

Madison 13402

Madison Motor Court

7591 Route 20
Madison, NY 13402
315-893-1818

Oneida 13421

Oneida Community Mansion

170 Kenwood Ave.
Oneida, NY 13421
315-363-0745

Fax: 315-363-4580
www.oneidacommunity.org

Super 8 Motel

215 Genesee St
Oneida, NY 13421
315-363-5168
Fax: 315-363-4628
www.super8.com

Verona 13478

Turning Stone Resort and Casino

5218 Patrick Road
Verona, NY 13478
1-800-771-7711
www.turning-stone.com

Verona Hotel

5693 E Main St
Verona, NY 13478
315 363-9895

Villages at Turning Stone Rv

Route 365
Verona, NY 13478
315-361-7711

Inn at Turning Stone

5558 W Main St
Verona, NY 13478
315-363-0096
www.turning-stone.com

Vernon 13476

Coachway Motel

4484 Verona St
Vernon, NY 13476
315-829-2380

Westshore Hotel

4554 Verona St
Vernon, NY 13476
315-829-6111

Jenkins House at Woodlawn

4 Ward St
Vernon, NY 13476
315-829-2459